## **Optical phonon production**

The rate of emission of optical phonons with a wave vector **q** and energy  $\hbar\omega_{\mathbf{q}}$  (assumed at temperature  $T_{\rm ph}$ ) by electrons or holes at wavevector **k** is

$$W[\mathbf{k} \to (\mathbf{k} - \mathbf{q})] = \frac{2\pi}{\hbar} |M|^2 [N_{\mathbf{q}}(T_{\mathrm{ph}}) + 1] \delta(E_{\mathbf{k} - \mathbf{q}} - E_{\mathbf{k}} + \hbar\omega_{\mathbf{q}}) , \qquad (1.1)$$

where  $N_{\mathbf{q}}(T) = [e^{\hbar \omega_{\mathbf{q}}/kT} - 1]^{-1}$  is the Planck function for phonons, and

$$|M|^{2} = \frac{2\pi e^{2} \hbar \omega_{\mathbf{q}}}{q^{2}} \left[ \frac{1}{\varepsilon_{\infty}} - \frac{1}{\varepsilon_{0}} \right]$$
(1.2)

is the matrix element of Fröhlich's hamiltonian. For  $In_{0.53}Ga_{0.47}As$ , the optical and static permittivities are ( $\varepsilon_{\infty}$ ,  $\varepsilon_s$ ) = (11.36, 13.73) and LO phonon energy is  $\hbar\omega_q$  = 32.7 meV.

Assume that electrons are at a temperature  $T_e$  and Fermi distributed,  $f_k = f(\varepsilon_k - \varepsilon_F)$ , where

$$f(\varepsilon) = \frac{1}{1 + e^{\varepsilon}}$$
,  $\varepsilon_{\rm F} \equiv \frac{E_{\rm F}}{kT_{\rm e}}$ ,  $\varepsilon_{\rm k} \equiv \frac{E_{\rm k}}{kT_{\rm e}}$ . (1.3)

The rate of phonon emission is given by

$$R_{\rm em} (q) = 2 (2\pi)^{-3} \int d^3 \mathbf{k} f_{\mathbf{k}} (1 - f_{\mathbf{k} - \mathbf{q}}) W[\mathbf{k} \to (\mathbf{k} - \mathbf{q})] .$$
(1.4)

Denoting  $\hat{\mathbf{k}} \cdot \hat{\mathbf{q}} = \cos \theta \equiv u$  and  $q_{\omega} \equiv \sqrt{2m\omega_{\mathbf{q}}/\hbar}$ , we have

$$\delta(E_{\mathbf{k}-\mathbf{q}} - E_{\mathbf{k}} + \hbar\omega_{\mathbf{q}}) = \frac{1}{q} \frac{\mathrm{d}k}{\mathrm{d}E_{\mathbf{k}}} \delta\left[\frac{q^2 + q_{\omega}^2}{2\,k\,q} - u\right] ; \qquad (1.5)$$

For a parabolic and isotropic band  $(E_q = \hbar^2 q^2/2m)$  and an arbitrary function  $F(E_{\mathbf{k}-\mathbf{q}})$ 

$$\int d^{3}\mathbf{k} F(E_{\mathbf{k}-\mathbf{q}}) \,\delta(E_{\mathbf{k}-\mathbf{q}} - E_{\mathbf{k}} + \hbar\omega_{\mathbf{q}}) = \frac{2\pi m}{\hbar^{2} q} \int_{0}^{\infty} k \,dk \int_{-1}^{1} du \,F(k^{2} + q^{2} - 2kqu) \,\delta\left[\frac{q^{2} + q_{\omega}^{2}}{2 \,k \,q} - u\right]$$
$$= \frac{2\pi m}{\hbar^{2} q} \int_{k_{[+]}}^{\infty} k \,dk \,F(k^{2} - q_{\omega}^{2}) , \qquad \text{where} \quad k_{[+]}(q) \equiv \frac{q^{2} + q_{\omega}^{2}}{2 \,q} .$$

Using this equation and the identities

$$f(\varepsilon) \left[1 - f(\varepsilon - \beta)\right] = \frac{f(\varepsilon - \beta) - f(\varepsilon)}{e^{\beta} - 1} ; \qquad \int_{\gamma}^{\infty} f(\varepsilon - \beta) d\varepsilon = \ln \left[1 + e^{\beta - \gamma}\right], \qquad (1.6)$$

we obtain the total emission rate in the form

 $\beta \equiv \frac{\hbar \omega_{\mathbf{q}}}{kT_{\mathbf{q}}} ,$ 

$$R_{\rm em} (q) = \frac{kT_{\rm e}}{\hbar} \left[ \frac{q_{\omega}}{q} \right]^3 \left[ N_{\rm q} (T_{\rm ph}) + 1 \right] \alpha_{\omega} I_1(q) , \qquad (1.7a)$$

$$I_{1}(q) = \int_{\varepsilon_{[+]}}^{\infty} d\varepsilon \ f(\varepsilon - \varepsilon_{F}) \left[1 - f(\varepsilon - \varepsilon_{F} - \beta)\right] = \frac{1}{e^{\beta} - 1} \ln \left[\frac{e^{\beta} + e^{\varepsilon_{[+]} - \varepsilon_{F}}}{e^{\varepsilon_{[+]} - \varepsilon_{F}} + 1}\right], \quad (1.7b)$$

$$\alpha_{\omega} \equiv \frac{q_{\omega} e^2}{2 \hbar \omega_{\mathbf{q}}} \left[ \frac{1}{\varepsilon_{\infty}} - \frac{1}{\varepsilon_{0}} \right], \qquad (1.8)$$

where

and

Note that  $k_{[+]}(q_{\omega}) = q_{\omega}$  and  $E_{q_{\omega}} = \hbar \omega_{\mathbf{q}}$ , so that  $\varepsilon_{[+]}(q_{\omega}) = \hbar^2 q_{\omega}^2 / 2mkT_{\mathbf{e}} = \beta$ .

## Notes on Phonon Bottleneck

## **Optical phonon absorption**

The rate of absorption of optical phonons with a wave vector **q** and energy  $\hbar\omega_{\mathbf{q}}$  (assumed at temperature  $T_{\mathrm{ph}}$ ) by electrons or holes at wavevector **k** is

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$$W[\mathbf{k} \to (\mathbf{k} + \mathbf{q})] = \frac{2\pi}{\hbar} |M|^2 N_{\mathbf{q}} (T_{\text{ph}}) \,\delta(E_{\mathbf{k} + \mathbf{q}} - E_{\mathbf{k}} - \hbar\omega_{\mathbf{q}}) , \qquad (2.1)$$

For electrons in the Fermi-Dirac ensemble the total rate of absorption is given by

$$R_{\rm ab} (q) = 2 (2\pi)^{-3} \int d^3 \mathbf{k} f_{\mathbf{k}} (1 - f_{\mathbf{k}+\mathbf{q}}) W[\mathbf{k} \to (\mathbf{k}+\mathbf{q})] .$$
 (2.2)

The  $\delta$ -function identity replacing (1.5) is now

$$\delta(E_{\mathbf{k}+\mathbf{q}} - E_{\mathbf{k}} - \hbar\omega_{\mathbf{q}}) = \frac{1}{q} \frac{\mathrm{d}k}{\mathrm{d}E_{\mathbf{k}}} \delta\left[\frac{q^2 - q_{\omega}^2}{2\,k\,q} - u\right] \quad . \tag{2.3}$$

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Integration over *u* leads to the following lower limit for the integration over *k*:

$$k_{[-]}(q) = \frac{|q^2 - q_{\omega}^2|}{2q}, \qquad E_{[-]}(q) = \frac{(E_q - \hbar\omega_q)^2}{4E_q}$$
(2.4)

and integral (2.2) reduces to

$$R_{\rm ab}(q) = \frac{kT_{\rm e}}{\hbar} \left[\frac{q_{\omega}}{q}\right]^3 \alpha_{\omega} N_{\rm q}(T_{\rm ph}) I_2(q) , \qquad (2.5a)$$

$$I_{2}(q) = \int_{\varepsilon_{[-]}}^{\infty} d\varepsilon f(\varepsilon - \varepsilon_{F}) \left[1 - f(\varepsilon - \varepsilon_{F} + \beta)\right] = \frac{e^{\beta}}{e^{\beta} - 1} \ln \left[\frac{e^{\varepsilon_{[-]} - \varepsilon_{F}} + 1}{e^{\varepsilon_{[-]} - \varepsilon_{F}} + e^{-\beta}}\right], \quad (2.5b)$$

$$\varepsilon_{[-]}(q) = \frac{E_{[-]}(q)}{kT_{e}} \quad \text{Note that } \varepsilon_{[+]}(q) - \varepsilon_{[-]}(q) = \frac{\hbar\omega_{\mathbf{q}}}{kT_{e}} \quad (2.6)$$

Using the identities  $[e^{\beta} - 1]^{-1} \equiv N_q(T_e)$  and  $e^{\beta} [e^{\beta} - 1]^{-1} \equiv 1 + N_q(T_e)$ , we can rewrite Eqs. (1.7) and (2.5) in the form:

$$R_{\rm em} (q) = \frac{kT_{\rm e}}{\hbar} \left[ \frac{q_{\omega}}{q} \right]^3 \alpha_{\omega} \left[ N_{\rm q} (T_{\rm ph}) + 1 \right] N_{\rm q} (T_{\rm e}) \ln \left[ \frac{{\rm e}^{\beta} + {\rm e}^{\varepsilon_{[+]} - \varepsilon_{\rm F}}}{{\rm e}^{\varepsilon_{[+]} - \varepsilon_{\rm F}} + 1} \right], \qquad (2.7a)$$

$$R_{\rm ab} (q) = \frac{kT_{\rm e}}{\hbar} \left[ \frac{q_{\omega}}{q} \right]^3 \alpha_{\omega} N_{\rm q} (T_{\rm ph}) \left[ N_{\rm q} (T_{\rm e}) + 1 \right] \ln \left[ \frac{e^{\varepsilon_{\rm [-]} - \varepsilon_{\rm F}} + 1}{e^{\varepsilon_{\rm [-]} - \varepsilon_{\rm F}} + e^{-\beta}} \right] .$$
(2.7b)

A sanity check: for  $T_e = T_{ph}$  the rates must balance,  $R_{ab}(q) = R_{em}(q)$ . This is indeed the case. Check that arguments of the logarithms are identical (note  $\beta = \varepsilon_{[+]} - \varepsilon_{[-]}$ ).

The net rate  $R(q) \equiv R_{em} - R_{ab}$  is of the form:

$$R(q, n, T_{\rm e}, T_{\rm ph}) = [N_{\rm q}(T_{\rm e}) - N_{\rm q}(T_{\rm ph})] R_{\rm sp} , \qquad (2.8a)$$

$$R_{\rm sp}(q, n, T_{\rm e}) \equiv \frac{kT_{\rm e}}{\hbar} \left[ \frac{q_{\omega}}{q} \right]^3 \alpha_{\omega} \ln \left[ 1 + \frac{e^{\beta} - 1}{e^{\varepsilon_{[+]} - \varepsilon_{\rm F}} + 1} \right] . \tag{2.8b}$$

where  $R_{\rm sp}$  is the *spontaneous* emission rate.

S. Luryi, 1993

where

## Steady-state heating power

The balance equation in an optical phonon mode **q** is of the form:

$$\frac{dN_{q}}{dt} = R(q, n, T_{e}, T_{ph}) - \frac{N_{q}(T_{ph}) - N_{q}(T)}{\tau_{op \to ac}} , \qquad (3.1)$$

where  $\tau_{op \rightarrow ac} = \tau_{op \rightarrow ac}(T)$  is the rate of decay of optical phonons into acoustic phonons. Its dependence on the lattice temperature T results from the stimulated emission and absorption processes<sup>1</sup> of two acoustic phonons of energy  $\hbar\omega_{\mathbf{q}}^{(1)}$  and  $\hbar\omega_{\mathbf{q}}^{(2)}$ , (where  $\hbar\omega_{\mathbf{q}}^{(1)} + \hbar\omega_{\mathbf{q}}^{(2)} = \hbar\omega_{\mathbf{q}}$ ),

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$$\frac{1}{\tau_{\rm op \to ac} (T)} = \frac{1 + N_{\rm q}^{(1)} + N_{\rm q}^{(2)}}{\tau_{\rm op \to ac} (0)} \approx \frac{1}{\tau_{\rm op \to ac} (0)} \left[ 1 + \frac{2}{e^{\hbar \omega_{\rm q}/2kT} - 1} \right] , \qquad (3.2)$$

where it is assumed that the energy of the decay products is approximately  $\hbar\omega_{\mathbf{q}}/2$ .

Using Eq. (2.8a) we have in a steady-state:

$$R_{\rm sp} \left[ N_{\rm q} \left( T_{\rm e} \right) - N_{\rm q} \left( T_{\rm ph} \right) \right] = \frac{N_{\rm q} \left( T_{\rm ph} \right) - N_{\rm q} \left( T \right)}{\tau_{\rm op \to ac} \left( T \right)} \quad , \tag{3.3}$$

whence we find the temperature  $T_{\rm ph}(q, n, T_{\rm e}, T)$  of optical phonons at wavevector **q** interacting with electrons of density n and effective temperature  $T_{\rm e}$ . The excess number  $N_{\mathbf{q}}^{\text{exc}} \equiv N_{\mathbf{q}} (T_{\text{ph}}) - N_{\mathbf{q}} (T)$  of these phonons is given by:

$$N_{q}^{\text{exc}} = \frac{[N_{q}(T_{e}) - N_{q}(T)] R_{\text{sp}} \tau_{\text{op} \to \text{ac}}}{1 + R_{\text{sp}} \tau_{\text{op} \to \text{ac}}} , \qquad (3.4)$$

where  $R_{sp}$  (q, n,  $T_e$ ) is given by Eq. (2.8b) and  $\tau_{op \to ac} = \tau_{op \to ac}$  (T) by Eq. (3.2).

In a steady state the total power, supplied to the electronic system per cm<sup>3</sup>, equals the power  $P(n, T_e, T)$  dissipated to the lattice:

$$P = \frac{\hbar\omega_{\mathbf{q}}}{\tau_{\mathrm{op}\to\mathrm{ac}}} \sum_{\mathbf{q}} N_{\mathbf{q}}^{\mathrm{exc}} = \frac{\hbar\omega_{\mathbf{q}}}{2\pi^2 \tau_{\mathrm{op}\to\mathrm{ac}}} \int_{0}^{\infty} q^2 N_{\mathbf{q}}^{\mathrm{exc}} \,\mathrm{d}q \quad .$$
(3.5)

Equation (3.5) gives the power necessary to maintain electrons at a temperature  $T_{\rm e}$ , given their density n and the lattice temperature T. We can use (3.5) to construct the dependence  $P(T_e, T, n)$  or, equivalently,  $T_e(P; n, T)$ .

It may be convenient to define an effective energy relaxation time  $\tau_\epsilon$  for carriers:

$$\frac{P}{n} = \frac{k(T_{\rm e} - T)}{\tau_{\rm e}} \quad , \tag{3.6}$$

$$\frac{1}{\tau_{\varepsilon}} = \frac{1}{\tau_{\rm op \to ac}} \frac{\hbar\omega_{\rm q}}{k(T_{\rm e} - T)} \frac{1}{n} \sum_{\rm q} N_{\rm q}^{\rm exc} =$$

$$= \sum_{\rm q} \frac{N_{\rm q}(T_{\rm e}) - N_{\rm q}(T)}{n \, k(T_{\rm e} - T)} \frac{\hbar\omega_{\rm q} R_{\rm sp}}{1 + R_{\rm sp} \tau_{\rm op \to ac}} .$$
(3.7)

In general,  $\tau_{\epsilon}$  may depend on n,  $T_{e}$ , and T. The concept of  $\tau_{\epsilon}$  becomes quite useful at high lattice temperatures, when for a fixed T and in a wide range of  $T_{\rm e}$  the energy relaxation time is practically constant. When both type of carriers are present (at the same  $T_{\rm e}$ ) we may define an "average"  $\overline{\tau}_{\varepsilon}$  in terms of the total dissipated power:  $P/(n+p) = k (T_{e} - T)/\overline{\tau}_{\varepsilon}$ . Because of their larger mass, holes are on speaking terms with phonons of higher wavenumber. Therefore,  $\tau^{\rm h}_{\epsilon} \ll \tau^{\rm e}_{\epsilon}$  and for n = p we have  $2/\overline{\tau}_{\epsilon} = 1/\tau^{\rm e}_{\epsilon} + 1/\tau^{\rm h}_{\epsilon} \approx 1/\tau^{\rm h}_{\epsilon}$ .

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<sup>1.</sup> P. G. Klemens, "Anharmonic decay of optical phonons", Phys. Rev. 148, pp. 845-848 (1966).





**Figure 1.** Interaction of hot carriers with the lattice at 77 K. Top two figures show the optical phonon temperature  $T_{\rm ph}$ resuling from interaction with holes (left) and electrons (right) at  $T_{\rm e} = 160$  K. Assumed  $\tau_{\rm op \to ac}$  (0) = 20 ps, corresponding to  $\tau_{\rm op \to ac}$  (77 K) = 16.86 ps.

Figure on the right gives the power per carrier necessary to maintain a steady state at a given  $T_{\rm e}$ . Evidently, relaxation times  $\tau_{\rm e}^{\rm e}$  and  $\tau_{\rm e}^{\rm h}$  themselves depend on  $T_{\rm e}$ .

For high enough lattice temperature and not too high overheating, we can use the approximate relation

$$N_{\mathbf{q}}(T_{\mathbf{e}}) - N_{\mathbf{q}}(T) \approx \frac{(T_{\mathbf{e}} - T)}{\hbar\omega_{\mathbf{q}}}$$
, for  $k(T_{\mathbf{e}} - T) \leq kT \sim \hbar\omega_{\mathbf{q}}$ , (4.1)

which permits us to write down the phonon temperature in an explicit form

$$T_{\rm ph}(\mathbf{q}) = T + \frac{(T_{\rm e} - T) R_{\rm sp} \tau_{\rm op \to ac}}{1 + R_{\rm sp} \tau_{\rm op \to ac}} .$$
(4.2)

The effective energy relaxation time  $\tau_{\epsilon}$  for carriers defined by (3.6) becomes

$$\frac{1}{\tau_{\varepsilon}} = \frac{1}{2\pi^{2} n} \int_{0}^{\infty} \frac{q^{2} dq R_{\rm sp}}{1 + R_{\rm sp} \tau_{\rm op \to ac}} = \frac{1}{\tau_{\rm op \to ac}} \frac{3}{2 k_{\rm F}^{3}} \int_{0}^{\infty} \frac{q^{2} dq R_{\rm sp} \tau_{\rm op \to ac}}{1 + R_{\rm sp} \tau_{\rm op \to ac}} , \qquad (4.3)$$

where  $k_{\rm F} = (3\pi^2 n)^{1/3}$ . If we could clearly identify a phonon wave vector  $\mathbf{q}_{\rm eff}$  such that  $R_{\rm sp} \tau_{\rm op \to ac} \gg 1$  for  $q < q_{\rm eff}$  and  $R_{\rm sp} \tau_{\rm op \to ac} \ll 1$  for  $q > q_{\rm eff}$ , then Eq. (4.3) could be further simplified:

$$\frac{1}{\tau_{\varepsilon}} = \frac{1}{\tau_{\rm op \to ac}} \frac{q_{\rm eff}^3}{2 k_{\rm F}^3} \quad . \tag{4.4}$$

The wavevector  $q_{\rm eff}$  determines the volume of the Brillouin zone where optical phonons are "on speaking terms" with the electron/hole gas. It would be nice to have an approximate expression for  $q_{\rm eff}$  in terms of  $(k_{\rm F}, q_{\rm w}, q_{\rm T})$ , where  $\hbar^2 q_{\rm T}^2/2m = kT_{\rm e}$ .



**Figure 2.** Interaction of hot carriers with the lattice at 300 K. Top two figures show the optical phonon temperature  $T_{\rm ph}$  resuling from interaction with holes (left) and electrons (right) at  $T_{\rm e} = 400$  K. Assumed  $\tau_{\rm op \to ac} (0) = 20$  ps, corresponding to  $\tau_{\rm op \to ac} (300 \text{ K}) = 6.12$  ps.

Figure on the right gives the power per carrier necessary to maintain a steady state at a given  $T_{\rm e}$ . The dependence  $P(T_{\rm e} - T)$  is to a high degree linear in the entire range  $300 < T_{\rm e} < 600$  K. This enables the definition of energy relaxation times that depend only on the carrier concentration.





**Figure 3.** Energy relaxation times,  $\tau_{\epsilon}^{e}$ ,  $\tau_{\epsilon}^{h}$ , and  $\overline{\tau}_{\epsilon}$ , calculated according to Eq. (3.7) in the carrier temperature range  $350 < T_{e} < 550$  K. The values of  $\tau_{\epsilon}$  are practically independent of  $T_{e}$  in this range.